



Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net

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[Hope Elementary School Facebook](#)



Upcoming Events for Your Calendar

Feb. 10th – 8th grade parent/teacher conferences
Feb. 15th - HES School Committee meeting (6PM at HES)
Feb. 18th – Early release for students & staff (11:30AM)
Feb. 21st – No school (President's Day)
Feb. 22nd – 25th – No school (Winter Break)
March 15th - HES School Committee Meeting (6PM at HES)
March 18th – No school (teacher workshop day)
April 18th - 22nd – No school (Spring Break)
April 19th - HES School Committee meeting (6PM at HES)

***“The best
preparation for
tomorrow is doing
your best today.”***

~H. Jackson Brown, Jr.

February 18th is now an early release day (dismissal at 11:30AM) for students & staff!!

Please send messages to hesoffice@fivetowns.net when you need to notify the office about any changes to your child's daily pickup/drop-off schedule. Just a reminder that the school day is from 8:15AM until 2:45PM (Monday – Thursday) and 8:15AM – 1:45PM on Fridays.

To send messages to our school nurse, Reagan Thomason, please use email: hesnurse@fivetowns.net



5th grade students have been creating stained glass style artwork with Mrs. Cooper. It looks beautiful hanging in our office windows!

Kindergarten has been learning about *Animals in Winter*. They learned the vocabulary words *Hibernation*, *Migration* and *Adaptation* and about the winter behavior of local animals. Students are also building an awareness of how WE stay warm and safe in the winter (ex., warm gear, movement, warm drinks, hydration, shelter, etc.). They have most recently learned two handwork techniques, crafts commonly done while hunkered indoors in the winter. They learned a traditional Japanese style of handwork called *Kumihimo* and have been weaving braided cord on cardboard looms. They are also *needle felting* a local animal while learning about what it does in the winter. These science themes and handwork techniques are integrated into their core literacy and math learning...and strengthen their fine motor skills!





HES MENU for 1-31 through 2-4

This institution is an equal opportunity provider.

- ☐ **Monday (1/31):** Fruit Smoothies (Breakfast)
Chicken Sandwich with Chips (Lunch)
- ☐ **Tuesday (2/1):** Blueberry Muffins & Cheese Stick (Breakfast)
Cheese Raviolis (Lunch)
- ☐ **Wednesday (2/2):** Cereal (Breakfast)
Chili with Corn Chips (Lunch)
- ☐ **Thursday (2/3):** Cinnamon Toast with Yogurt (Breakfast)
Popcorn Chicken & Sweet Potato Fries (Lunch)
- ☐ **Friday (2/4):** Nutri-Grain Bars & Yogurt (Breakfast)
Pepperoni Pizza (Lunch)

ALL MEALS ARE FREE FOR STUDENTS

Breakfast includes protein, fruit/juice, whole grain and milk.

Lunch options include a choice of salad, bagel or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.



Pen Bay Lacrosse 2022

The first 4 weeks of Pen Bay Practice @ *The Pitch*:

Dates/Times

Boys: 3rd/4th 5th/6th 7th/8th Grade

Monday April 4th*, 11th, 18th, 25th

Time: 5-6 pm

*** Only on April 4th, 5-6pm 3/4 and 5/6 boys; 6-7pm 7/8 boys***

Girls: 3rd/4th 5th/6th 7th/8th Grade

Wednesday April 6th, 13th, 20th, 27th

Time: 5-6pm



FIVE TOWN FOOTBALL WINTER SESSION

ANNOUNCING THE RETURN OF OUR ANNUAL
WINTER FLAG FOOTBALL !!

WHERE: THE PITCH IN WARREN

WHEN: MONDAYS 5-6PM X 6 WEEKS

FEBRUARY 28-APRIL 4 2022

WHO: CURRENT 2nd-8th GRADERS

HOW: REGISTER AT FIVETOWNFOOTBALL.COM



Virtual Golf Kids Program

Beginning January 18th!

Tuesdays
3-5pm

Ages 10 and Under

\$48

6 Week Program

Online Registration Available!



MRC

535 West St. Rockport

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www.midcoastrec.org